



Sedona Yoga Retreats

Sedona Yoga Retreat (Yoga Focused)

March 31-April 3rd 2026

Immerse into your yoga and meditation practice surrounded by stunning beauty and warmth of the Sedona Red Rocks!

Hike the magnificent, yet gentle Fay Canyon, Doe Mountain, and Bell Rock. Enjoy unlimited down time to restore body, mind and spirit in a supportive, relaxed, resort environment. Our lodging is nestled in between red rocks, and with direct access to the trails.

Retreats Include

- 3 nights lodging
- 2 healthy meals per day and trail snacks
- Group transportation in and around Sedona
- Daily yoga and meditation practices
- A plethora of yoga and outdoor adventures

Sedona ADVENTURE and Yoga Retreat (Hiking Focused)

April 6th - 9th, 2026

Immerse in the magic of Sedona, and into your yoga and meditation practice surrounded by stunning beauty and warmth of the magnificent Red Rocks!

Together we will have options to adventure up the famous Cathedral Rock, Bear Mountain, Wilson Mountain, and explore the option to join the Top of Bell Rock Club. We will be spending a good portion of the day on the trail. Enjoy yoga, as a balm and a salve, to our sun shiny days on the trail. Enjoy down time to restore body, mind and spirit in a supportive, relaxed, resort environment. Our lodging is nestled in between red rocks, and with direct access to the trails.

Fees

4/per Chalet - \$950/person (3 roommates)

3/per Chalet - \$1,050/person (2 roommates)

2/per Chalet - \$1,200/person (1 roommate)

A NON-refundable deposit of \$250.00 will hold your space.

For additional questions, contact Donna at: 262.758.0658 / yogadonna@me.com