

Spiritual Practices of East and West
June 25 - 30, 2017

Name _____

Address _____

Phone _____

Email _____

Special dietary or other needs? _____

- I wish to pay in full (\$435)
 I wish to pay the deposit (\$50)
 I wish to make a donation for scholarships
 Total

Check one of the following:

- Check is enclosed (make check payable to: **Siena Retreat Center**).
 I wish to pay by credit card

Visa Mastercard Discover

Card # _____
Security Code* _____
Exp. Date: _____
Signature: _____
* found on back of card

- I would like _____ 1-hr massage (\$60)
 30 min massage (\$35) 1-hr reiki (\$60)

**Mail to Siena Retreat Center, 5637 Erie,
 Racine, WI 53402**

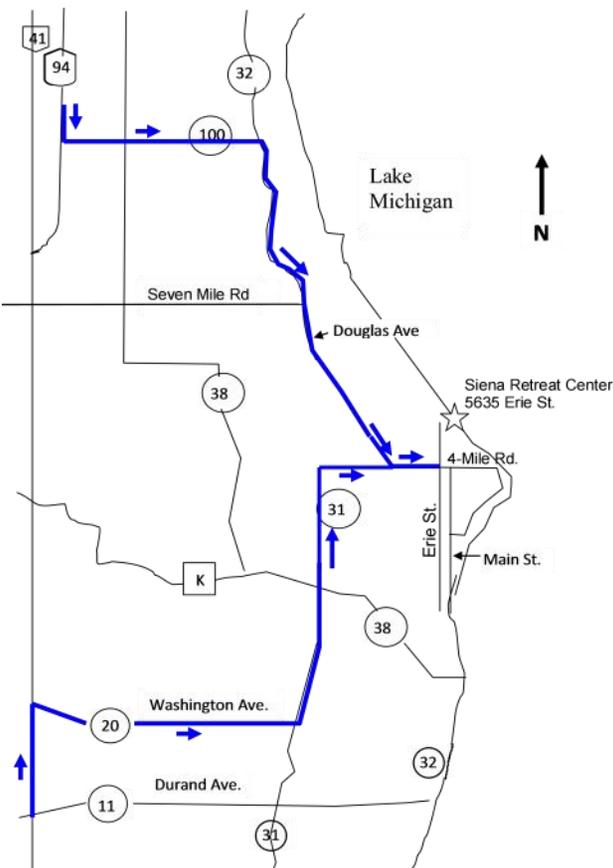
From Milwaukee Area:

Exit I-94 at Hwy 100 (Ryan Road); LEFT on Hwy 100 to Hwy 32 (4.4 mi); RIGHT on Hwy 32 to Four Mile Road (6.5 mi. along Hwy 32); LEFT on Four Mile Road to Erie Street (1.1 mi). Turn LEFT on Erie Street to SIENA CENTER (0.7 mi). Driveway on right.

From Chicago Area:

Exit I-94 at Hwy 20; RIGHT (east) on Hwy 20 to Hwy 31 (5.4 mi); LEFT on Hwy 31 to Four Mile Road (4.6 mi). Four Mile Road is at the stop light just after you cross a bridge. Turn RIGHT on Four Mile Road to Erie Street (3 mi); LEFT on Erie Street to SIENA CENTER (0.7 mi). Driveway on right.

You may also want to check on the I-94 website for the latest construction updates:



Spiritual Practices of East and West

A weeklong summer retreat

Interspirituality is the world music of religion; borrowing, fusing, blending and bouncing rhythms and riffs off one another not to create a homogenized spirituality, but to birth a radical new sound embedded in the ancient and timeless silence. This doesn't impact or deepen my life- it is my life. Rami Shapiro



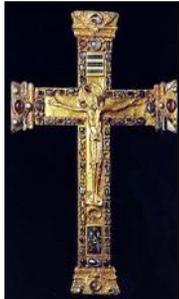
June 25 - June 30, 2017
Siena Retreat Center
5637 Erie St.
Racine, WI 53402
262-898-2590

www.SienaRetreatCenter.org



Spiritual Practices of East and West June 25 - 30, 2017

Join us for a restful week– taken at your own pace. Each day’s offerings will include optional...



- * Group meditation/ prayer in mornings and evenings
- * Period of gentle yoga
- * Creative experience with simple art or poetry
- * Opportunities to speak one-on-one with a spiritual guide
- * Opportunity to attend liturgy with the Dominican Sisters community
- * Opportunity to have a discussion and input on living out one’s path-Dharma talk time
- * Time to walk, take a nap, spend time at the Lake. Make this retreat what your soul is longing for ...

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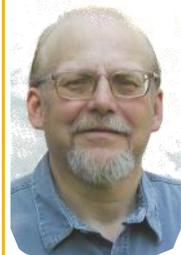
Retreat begins at 3:30pm on Sunday and concludes with the noon meal on Friday. Cost of \$435 includes \$50 non-refundable deposit, accommodations, and meals. Massage (\$60/hr or \$35/30min) and reiki (\$60/hr) available, payable to therapist by check or cash.

Retreat Presenters...



Vimala Bhikkhuni is a Buddhist nun and assistant abbess at Mahapajapati Monastery, Joshua Tree, CA. Vimala leads meditation groups and retreats.

Donna Mosca is owner and teacher at Peace Tree Yoga in Burlington, Wisconsin, and adjunct faculty in Exercise and Sport Science at Carthage College, Kenosha, Wisconsin. Donna adds elements of mindfulness meditation to her yoga teachings.



Steve Rys is a graduate of Naropa University in Boulder, Colorado, where he studied Eastern and Western painting methods. He has been developing and teaching art programs for the past 18 years. He teaches at the Racine Art Museum and at the Peninsula School of Art in Door County. Steve is currently developing an extensive art-as-meditation program combining the benefits of East-West contemplative practices.



Pat Shutts has a BA in Theology and an MA in Pastoral Studies, and received certification in spiritual guidance from Creighton University and bereavement ministry from the Diocese of Joliet, Illinois. Pat brings her gift of compassionate listening and openness to the Spirit, and companions seekers as they acknowledge and discover God's presence in all of life's journey. Pat is a lay covenant member of the Wheaton Franciscans and a member of the Sophia Zen Sangha. She loves art, play, and prayer.



“The rise of community among cultures and religious traditions brings with it a deeply fruitful openness to learning from one another. It makes possible what we can call 'interspirituality': the assimilation of insights, values, and spiritual practices from the various religions and their application to one’s own inner life and development.” Wayne Teasdale



A Sponsored Ministry of the Racine Dominicans

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